



Board of Directors

Meeting Minutes

August 8th, 2024

Board of Directors Members Present in Person:

- **Peter Browning**, Commissioner, Skagit County
- **Cammy Hart-Anderson**, Human Services, Designated Alternate for Dave Somers, County Executive; Snohomish County

Members Present via MS Teams:

- **Cindy Wolf** (chairing meeting in Barry Buchanan's absence) Council Member; San Juan County
- **Lynda Austin**, Island County Human Services, Designated Alternate for Jill Johnson, Commissioner; Island County
- **Cynthia Foley**, Sr. Legislative Analyst, Designated Alternate for Strom Peterson, County Council; Snohomish County
- **Nicole Gorle**, Legislative Analyst, Designated Alternate for Nate Nehring, County Council; Snohomish County
- **Jami Mitchell**, Human Services Manager, Designated Alternate for Cindy Wolf, County Council; San Juan County
- **George Kosovich**, Skagit County Public Health, Designated Alternate for Peter Browning, Commissioner, Skagit County
- **Malora Christensen**, Response System Division Manager, Designated Alternate for Satpal Sidhu, County Executive; Whatcom County

North Sound Behavioral Health Administrative Services Organization (North Sound BH-ASO) Staff Present:

- **JanRose Ottaway Martin**, Executive Director
- **Kim Nakatani**, Accountant
- **Michael McAuley**, Clinical Director
- **Margaret Rojas**, Assistant Director
- **Maria Arreola**, Sr. Administrative Assistant
- **Joanie Wenzl**, Administrative Manager, Clerk of the Board

Guests Present:

None

Call to Order and Introductions – Chair

Cindy Wolf, Vice-Chair, called the meeting to order and initiated introductions. She was chairing in Barry Buchanan's absence

Tribal Acknowledgement – Chair

[Tribal Behavioral Health | North Sound BH-ASO \(nsbhaso.org\)](http://nsbhaso.org)

The Chair read the Tribal Acknowledgement

Revisions to the Agenda – Chair

No revisions to the agenda were requested.

Approval of the June 13th, 2024, Minutes, Motion #24-34 – Chair

Cindy Wolf pointed out that her name was missed on the June Meeting minutes. The Clerk of the Board will add her, as she was in attendance during the Board Retreat/Work Session. Peter Browning moved the motion for approval *as amended*, Cindy Wolf seconded, all in favor, motion #24-34 carried.

Comments & Announcements from the Chair – Chair

Cindy noted that she is sitting in for Barry today and chairing the meeting in his absence.

Reports from Members – Chair

Board members gave updates on the behavioral health happenings in their respective counties.

Comments from the Public – Chair

There were no public in attendance, so there were no comments.

Kids Mental Health Mini-Presentation/Youth Navigator Program

Michael McAuley, Clinical Director

JanRose Ottaway Martin and Michael McAuley gave a brief overview of the Youth Navigator Program.

A PowerPoint presentation was given. Questions and answers followed.

Report from the Advisory Board

Kara Allen, Advisory Board Chair

JanRose gave the Advisory Board's Brief in Kara's absence.

Report from the Finance Officer

Margaret Rojas, Assistant Director

Margaret Rojas gave the Report from the Finance Officer. There were no questions.

Report from the Governance Operations Committee – Chair

Cindy gave the report the from the Governance and Operations Committee. She said the Compensation Study for NS BH-ASO was reviewed and discussed.

She added that it will be presented during an upcoming board meeting.

All matters listed with the Consent Agenda have been distributed to each Member for reading and study, are considered to be routine, and will be enacted by one action of the Board of Directors with no separate discussion. If separate discussion is desired, the item may be removed from the Consent Agenda and placed on the Regular Agenda by request of a Member.

Consent Agenda - Chair

Note, there was no meeting for the month of July, so there are 2 months of warrants, payroll, and associated benefits listed below.

Motion #24-35

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from **June 1st**, 2024, through **June 30th**, 2024, in the amount of \$3,604,033.34.
- Payroll for the month of June in the amount of \$197,545.07 and associated employer benefits in the amount of \$98,557.34.

- To review and approve the North Sound Behavioral Health Administrative Services Organization claims paid from **July 1st**, 2024, through **July 31st**, 2024, in the amount of \$4,676,005.77.
- Payroll for the month of July in the amount of \$199,373.95 and associated employer benefits in the amount of \$97,802.39.

Peter Browning moved the motion for approval, Cammy Hart-Anderson seconded, all in favor, none opposed, motion #24-35 carried

Introduction Items – Margaret Rojas, Assistant Director

Proviso 86-Behavioral Health Housing and Services

- An additional \$738,833.00 was allocated in the ASO July HCA amendment. This doubles our annual allotment for Proviso 86 funds. These funds are intended for rental assistance and/or behavioral health services for individuals involved with the criminal justice system. Effective date of funding availability is July 1, 2024.
- The following motion is the downstream contracts allocating the additional Proviso 86 behavioral health rental assistance and services in four counties, San Juan County is served by Compass Health with HARPS rental assistance funds.
 - Bridgeways Proviso 86 rental assistance and services in Snohomish County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$206,000.00.
 - Compass Health Proviso 86 rental assistance/services Snohomish County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$195,000.00.
 - Lifeline Connections Proviso 86 rental assistance and services in Skagit and Whatcom County.
 - July addition of Proviso 86 funds \$45,000.00
 - Total Proviso 86 12-month allocation \$227,935.00.
 - Lake Whatcom Center Proviso 86 rental assistance and services in Whatcom County.
 - July addition of Proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$270,000.00.
 - Opportunity Council rental assistance and services in Whatcom County.
 - July addition of proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$276,000.00
 - Pioneer Human Services Proviso 86 rental assistance and services in Island County.
 - July addition of Proviso 86 funds \$120,000.00
 - Total Proviso 86 12-month allocation \$302,935.00.

Motion #24-xx

NS BH-ASO-Bridgeways-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Compass Health-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Snohomish County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-FBG-23 Amendment 5 for the provision of additional Proviso 86 funds for rental assistance and services in Skagit and Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lake Whatcom Center-CBRA-23 Amendment 3 for the provision of additional proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2023, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

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NS BH-ASO-Opportunity Council-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Whatcom County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Pioneer Human Services-CBRA-23 Amendment 3 for the provision of additional Proviso 86 funds for rental assistance and services in Island County. The contract term is July 1, 2024, through June 30, 2025, with an automatic one-year renewal on July 1, 2025, based on continued compliance with the terms of the contract.

ARPA Federal Block Grant

- The Health Resources and Services Administration (HRSA) Federal Grant award will expire on September 30, 2024.
 - The program has expanded services in Skagit & Island Counties.
 - Expansion of Medication Assisted Treatment (MAT) in Concrete and Oak Harbor
 - Lifeline Connections \$60,000.00 for MAT services
 - Expansion of our Opioid Outreach teams in east Skagit County
 - Mount Baker Presbyterian Church \$235,000.00 for Opioid Outreach
 - Supporting a prevention specialist in the Coupeville School District
 - NW ESD 189 \$25,000.00 for School Prevention
 - Funding a Co-Responder with Skagit Sheriff's Office
 - Skagit County Public Health \$150,907.00 for Co-Responder Services
- San Juan County Recovery Café Peer Support
 - Lopez Island Family Resource Center-Heart & Soul Café \$28,260.00
- Juvenile Treatment Services
 - Snohomish County Superior Court \$51,000.00 for expansion of services for juveniles and families referred to Snohomish County probation.

Motion 24-xx

NS BH-ASO-Lopez Island Heart and Soul-PSC-23 Amendment 1 to provide additional funding for the Recovery Café on Lopez Island. The term of this agreement is November 1, 2023, with a new expiration date of June 30, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Lifeline Connections-ICN-23 Amendment 5 to provide the funding for MAT services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-Mount Baker Presbyterian Church-ICN-23 Amendment 1 to provide funding for Opioid Outreach services under this contract. The contract term is September 1, 2023, through August 31, 2025, with an automatic one-year renewal on September 1, 2025, based on continued compliance with the terms of the contract.

NS BH-ASO-Skagit County-Interlocal-23 Amendment 5 to provide the funding for Co-Responder services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

NS BH-ASO-NW ESD 189-PSC-23 Amendment 1 for the purpose of providing a prevention specialist in the Coupeville School District. The contract term is September 1, 2023, through August 31, 2024, based on continued compliance with the terms of the contract.

NS BH-ASO-Snohomish County Superior Court-ICN-23 Amendment 4 to provide additional funding to continue services under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Program for Assertive Community Treatment (PACT)

Compass Health has two (2) PACT teams, in Skagit & Whatcom counties serving up to 150 individuals. The need continues to expand for these services. Compass Health is requesting seven (7) additional rotating slots. The slots are reserved for individuals moving on and off Medicaid due to reoccurring spend downs.

Motion 24-xx

NS BH-ASO-Compass Health-ICCN-23 Amendment 5 to provide funding to add additional PACT service funds under this contract. The contract term is January 1, 2023, through December 31, 2025, with an automatic one-year renewal on January 1, 2026, based on continued compliance with the terms of the contract.

Margaret Rojas spoke to the Introductions items listed above. There were no questions.

Evergreen Recovery Centers (placeholder)

Evergreen Recovery Centers is requesting funds to increase nursing staff at the withdrawal management facility in Everett. The funding request is for four (4) FTE nurses for a total annual ask is up to \$724,880.00.

Discussion ensued on the placeholder item above.

Peter Browning moved a motion for up to \$300K to be granted to Evergreen Recovery Centers (to be administered at the discretion of the NS BHASO Leadership, while working with Evergreen Recovery Centers regarding responsible stewardship of public funds).

Malora Christensen seconded, all in favor, motion carried. **Motion #24-36**

Lake Whatcom Center (placeholder)

Lake Whatcom Center is requesting funds for startup costs (staffing) for their Maplewood 16-bed Enhanced Service Facility for individuals transitioning out of hospital/institutional settings. The total ask is up to \$775,570.00.

JanRose led a discussion on the placeholder item listed above.

There was conversation around this item being an “ask” of the Legislative Session.

Cammy Hart-Anderson moved that the BOD authorize Lake Whatcom \$300K at the discretion of the NS B-ASO Leadership, contingent upon determination of timely need, Peter Browning seconded the motion.

Cindy Wolf voted nay, as she believes there should be conversation with our legislators first.

All others were in favor, **motion** carried by majority vote. **Motion #24-37**

Discussion Items

JanRose Ottaway Martin, Executive Director

- NS BH-ASO Org Chart

JanRose referenced the NS BH-ASO Organizational Chart. She asked Board Members to reach out to her if there are any questions.

- Board Retreat/Work Session Follow-up

The ASO is working on recommendations for actions in the upcoming years. The ASO is also working with the Advisory Board and County Coordinators regarding the recommendations.

This will be brought back to the BOD for further consideration. The goal is to begin the roll out the Strategic Plan January 2025.

- County Capital Requests and Large Agency Requests

Discussion took place on the topic above. One suggestion was that the Crisis System be assessed as well as the dollars available that can be set aside for capital. This will be brought back to the board meeting for further discussion.

Report from the Executive Director

JanRose Ottaway Martin, Executive Director

JanRose gave the report from the Executive Director and covered the following topics:

- Weekly Crisis Metrics Report
- Recent work in the Board of Directors, Advisory Board Retreat, kicking off Strategic Planning Process
- Proviso Programs
- Youth Navigator Program (aka Kids’ Mental Health)
- Hiring two new positions
- HB 1515, Community Presentation at the North Sound Provider’s meeting on August 1, 2024
- 2024 State of Mental Health in America report

Adjourn – 3:02 p.m.

Next Meeting: September 12th, 2024

Respectfully Submitted,

Joanie_Wenzl

Joanie Wenzl
Clerk of the Board

Approved